Yáng Shèn's 'Account of a Trip to the Diăncāng Mountains'

An Annotated Translation of 杨慎's《游点苍山记》

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The Yúnnán Papers

This text is part of a series of translations of historical Chinese texts concerning Yúnnán.

This series does not aim to present any new research but to allow an English-speaking audience to better understand Yúnnán's history and culture through original texts. The texts are heavily annotated, giving geographical, historical and cultural background information and references to contemporary academic discussions.

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1 Introduction

The 'Account of a Trip to the Diǎncāng Mountains' 《游点苍山记》⁽¹⁾ is a little-known text by Yáng Shèn 杨慎, *1488—†1557, the prodigious, influential and also eccentric ⁽²⁾ Míng dynasty literatus banished to Yúnnán in 1524 CE. Also known by his sobriquet Yáng Shēngān 杨升庵, he lived and travelled in the province for the remainder of his life ⁽³⁾ and became part of a community of local Míngeducated scholar-officials who had begun to take an interest in Yúnnán's history and geography. Over more than thirty years, he produced a wealth of writings on the province, while also pursuing his interests in philology and poetry. ⁽⁴⁾

The 'Account of a Trip to the Diǎncāng Mountains' 《游点苍山记》 recounts his trip in 1530 CE along the eastern side of the Diǎncāng Mountains 点苍山, the high range west of Lake Ěrhǎi 洱海, then and now renowned for its temples and vistas. His companion on this forty-day excursion was Lǐ Yuányáng 李元阳, a local scholar from Dàlǐ 大理, who would later compile the first gazetteer of the region, the 'Jiājìng Period Gazetteer of Dàlǐ' 《嘉靖大理府志》, published in 1563 CE. (5) The two had met in 1528 CE and formed a close friendship, resulting in many joyous trips together. (6)

With its focus on the area's temples and scenic spots – many of which were later included in Lǐ Yuányáng's 1563 CE 'Jiājìng Period Gazetteer of Dàlǐ'《嘉靖大理府志》under the subtitle 'Ten Vistas of Yèyú' 《叶榆十观》 – the 'Account of a Trip to the Diǎncāng Mountains' 《游点苍山记》 may be considered the earliest known travelogue of Dàlǐ. With the many personal details of their trip, including discussions on seemingly esoteric topics and their aspiration to settle as farmers on a small island, the text reveals intriguing aspects of life as literati in the hinterlands of 16th-century China.

2 About this Translation

I became aware of this text through a mention in Ward (2001).

The text is included in the Qīng dynasty 'Complete Classics Collection of Ancient China' 《古今图书集

⁽¹⁾ Pidhainy (2005) translates the title as 'Record of Roaming upon Diancang Mountain'.

⁽²⁾ i.e. see the late Míng paiting called 'Shēngān Wearing Flowers in His Hair' 《升庵簪花图》 in illustration 1, the commentary on the image in Yi Lidu (2011), and also Pidhainy (2011).

⁽³⁾ While he was exiled to Yǒngchāng 永昌, today's Bǎoshān 保山, then a truly remote outpost of the Chinese empire, he actually lived most of the time near Kūnmíng.

⁽⁴⁾ For biographical details, see Schorr (1993) in English and Fēng Jiāhuá 丰家骅 (1998) in Chinese. His works are collected in Yáng Shēngān 杨升庵 (2002), his biography is in the '*Míng History*'《明史》第一百九十二卷. A table listing his travels in Yúnnán can be found in Jiǎng Qián 蒋乾 (2015). Particularly in his home province Sìchuān 四川 and in Yúnnán he later became a folk legend, immortalized abundant stories about his life, some of which are collected in China Folk Literature and Art Research Association (Sichuan Branch) (1986), Zhāng Xílù 张锡禄 (1982), and Liú Xiānjué 刘先觉 (2015); a summary of these stories in English can be found in Hu (2019).

⁽⁵⁾ In fact, Yáng Shèn had been involved in the compilation of an earlier, lost, version, of the gazetteer, which Lǐ Yuányáng recompiled after the death of his local collaborators, see Wright (2019), pp. 84–85.

⁽⁶⁾ On the two men's relationship and their travels, see Liú Huīliàng 刘辉亮 (2015), for some more details about this particular trip, see Fēng Jiāhuá 丰家骅 (1998), pp. 91–94.



Illustration 1:
Painting by Chén Hóngshòu 陈洪绶 called 'Shēngān Wearing Flowers in His Hair'《升庵簪花图》
Source: https://zh.wikipedia.org/zh-tw/File: 升庵簪花图.jpg

成》, see illustration 2, $^{(7)}$ and in Yáng Shēngān 杨升庵's collected works. $^{(8)}$ The text is also available online. $^{(9)}$

Pidhainy mentions that the text has been included in many Chinese travel anthologies, such as Ní Qíxīn 倪其心 (1985), vol. 2, pp. 109–121 (this edition provides annotations and commentary), Ní Zhìyún 倪志云 (1996), vol. 2, pp. 1321–1324, and Zhāng Chéngdé 张成德 (2002), pp. 438–447. (10)

After completion of my translation I became aware that some parts of this text are discussed and also translated in Pidhainy (2005). That text also mentions that Riemenschnitter (1998) translated the text into German, however, I have not been able to find a copy of this text.

Note on calendrical calculations: I have translated the dates given in the text into the Julian Calendar as the Gregorian Calendar was not yet in use. This is also the convention used in Hsueh and Ouyang (1940).

⁽⁷⁾ From the 'Complete Classics Collection of Ancient China'《古今图书集成》《方輿彙編·山川典》第一百九十五卷, for a reproduction see https://ctext.org/library.pl?file=91584&page=110 (accessed 29th May 2024) and https://ctext.org/library.pl?file=9158 (accessed 29th May 2024). Another copy, from a different source, with digitization, ist available at https://zh.wikisource.org/wiki/Page 1725).djvu/28 (accessed 29th May 2024).

⁽⁸⁾ in Yáng Shēngān 杨升庵 (2002), vol. 4, pp. 65-68.

 $^{^{(9)}}$ https://baike.baidu.com/item/%E6%B8%B8%E7%82%B9%E8%8B%8D%E5%B1%B1%E8%AE%Bo/6181623. This text has many annotations of unknown provenance, which have greatly assisted this translation.

⁽¹⁰⁾ Pidhainy (2005), p. 206.

3 Annotated Translation

The text begins with Yáng Shèn recounting his passage through a great number of famous Chinese scenic spots on his journey into exile. (11) He confesses to being bored by natural beauty until he entered the lands of Yèyú 楪榆 – i.e. the Dàlǐ 大理 plain nestled between the Diǎncāng Mountains 点苍山 moutains to the west and Lake Ěrhǎi 洱海 to the east. (12)

游点苍山记

自余为僇人,所历道途,万有余里,齐、鲁、楚、越之间号称名山水者,无 不游。已乃泛洞庭,逾衡、庐,出夜郎,道碧鸡而西也。其余山水,盖饫 闻而厌见矣。

及至楪榆之境,一望点苍,不觉神爽飞越。比入龙尾关,且行且玩,山则苍龙叠翠,海则半月拖蓝,城郭奠山海之间,楼阁出烟云之上,香风满道,芳气袭人。余时如醉而醒,如梦而觉,如久卧而起作,然后知吾曩者之未尝见山水,而见自今始。

'Account of a Trip to the Diancang Mountains'

Since I have been dishonoured, I have been on the road, travelling for ten thousand l. Of the famous mountains and rivers in Q, L, Ch, and Yuè – there is none I have not visited. I have drifted on Dongting lake, crossed over Heng and Lu, emerged from Yelang, took the road to Biji and went west from there. Of mountains and rivers – I have heard enough and I am bored of seeing them.

But when I entered the borders of Yèyú, as soon as I saw Diǎncāng in the distance — my spirits soared. I entered Dragon Tail Gate, I walked and wondered, the mountains a green dragon of folded jade, the lake a crescent of sweeping blue, the town set between the mountains and the lake, its towers and pavilions rising above the mist and clouds, fragrant winds filling the alleys, startling my senses. I felt like stirring from a drunken stupor, like waking from a dream, like rising from a long time in bed and setting out for work. Then I realized that I had never seen mountains and rivers before and only began to see them now.

游点苍山记5

游点苍山记10

游点苍山记15

This introduction to the text has also been translated by Julian Ward, for comparison:

r2: Since I have been dishonoured] Yáng Shèn 杨慎 was son of Yáng Tínghé 杨廷和, a high court official, who got embroiled in a controversy over rituals at the beginning of Jiājìng 嘉靖 period, the so-called *Great Ritual Controversy* 大礼议. Yáng Shèn, then a prodigious scholar who had come first in the imperial examinations and received the *Jinshì* 进士 degree in 1511 CE, took part in protests in 1524 CE, for which he was severely flogged and then banished to Yǒngchāng 永昌 in 1524 CE, see Schorr (1993), pp. 92–94. This first part of the text refers to his journey into exile.

- r_3 : Qí] referring to present-day Shāndōng 山东.
- r3: Lǔ] referring to present-day Héběi 河北.
- r4: Chǔ] referring to present-day Húběi 湖北.
- r4: Yuè] referring to present-day Zhèjiāng 浙江.
- r5: Dòngtíng lake] i.e. Dòngtíng lake 洞庭湖 in Húnán 湖南.
- r5: Héng] Mount Héng 衡山 in Húnán 湖南.
- r₅: Lú] Mount Lú in Jiāngxī 江西。
- r5: Yèláng] eastern Guìzhōu 贵州, a term used since the 'Records of the Historian' 《史记》.
- r6: Bìjī] Jade Chicken Mountain 碧鸡山 west of Kūnmíng 昆明市.
- r8: Diǎncāng] Diǎncāng Mountains 点苍山, the mountain range west of the Dàlǐ 大理 plain.
- *r* 9: Dragon Tail Gate | fortification at the southern end of the Dàlĭ plain.

⁽II) His exact route into exile is known from his 'Records of a Journey to Diān' 《滇程记》, where he also records his suffering along the route, see Pidhainy (2008).

⁽¹²⁾ The term Yèyú 楪榆 first appears in the 'Records of the Historian' 《史记》 and is later often used as a poetic label for the region.

Since my banishment, I have journeyed over ten thousand *li*, through all the renowned scenery of [the regions of] Qi, Lu, Chu and Yue. I had already crossed [Lake] Dongting, passed over [Mounts] Heng and Lu and left Yelang, before my route took me past [Mount] and on to the west, and I had heard about and seen a surfeit of hills and streams. However, when I arrived in the region of Yeyu and could see [Mount] Diancang, my spirits soared almost without my being aware of any change. By the time I entered Longweiguan, every step was pleasurable: the mountain was a green dragon with folds of azure, the lake a crescent moonshaped slice of deep blue, while, in between, lay the town, its towers and pavilions rising up above the smoky clouds, its roads filled with fragrant balmy breezes which assailed the passer-by. I felt as if I had roused myself from drunkenness or awoken from a dream, as if I had suddenly arisen after lying down a long time. It was only later I realised that formerly I had not appreciated scenery, only starting to do so from this day. (Ward (2001), p. 15, Chinese characters omitted)

It has also been translated by Ihor Pidhainy in his dissertation:

Since I have become a criminal, the roads that I have travelled have exceeded 10,000 li and there has not been a mountain or stream of renown in all of Qi, Lu, Chu and Yue that I have not traveled to. I have floated upon Dongting Lake, crossed the mountains of Heng and Lu, traversed the former territories of Yelang, walked upon Biji Mountain and gone further west. As to mountains and streams, my ears have heard their fill and my eyes been sated with their sights. However, arriving in the district of Yeyu and first gazing upon Diancang Mountain, my spirit took flight. Entering Longwei (Dragon Tail) Pass, I mixed traveling with enjoyment. The mountain was a black dragon in layers of greenish blue; the lake was a half-moon covered in blue; the city gates were fixed between mountain and lake; towers and pavilions jutted out above mist and clouds; a fragrant air filled the road, its perfumed essence attacked us. It was as if I were drunk yet sober; in a dream, yet awake; as if I had been long lying down and now suddenly starting to act. Finally I realized that never before had I seen mountains and streams —and only from this day on was I beginning to see them. (Pidhainy (2005), p. 207, Chinese characters omitted)

His companion on the trip in 9th year of emperor Jiājìng 嘉靖's, i.e. 1530 CE, was Lǐ Yuányáng 李元阳, here referred to by his sobriquet Zhōngxī 中溪, a local scholar who later compiled the first gazetteer for the region, the 'Jiājìng Period Gazetteer of Dàlǐ'《嘉靖大理府志》, which was published in 1563 CE.

嘉靖庚寅,约同中溪李公为点苍之 In Jiājìng's *gēngyín* year, I made arrangements for a trip to Diǎncāng with **Zhōngxī** Lǐ.

The first day takes them to Dragon Tail Gate 龙尾关, a historic fortress at the southern end of Ěrhǎi where the Xīěr River 西洱河 flows out of the lake and then through a natural arch called Tiānshēng

r18: In Jiājìng's *gēngyín* year] In emperor Jiājìng 嘉靖's 9th reign year, i.e. 1530 CE, see Hsueh and Ouyang (1940), vol. 3, p. 306.

r19: Zhōngxī Lǐ] Lǐ Yuányáng 李元阳's sobriquet 号 was Zhōngxī.

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特質2.Fi変子等子香香粉を刷子再名或門登と 着中のアルを刊音報報タ根本遺資系を向手扱	司解计差别目示女医儿及手上主主真中高上队一才可辨論的名称对词为治教乙基林进而证才能	と首語できなど### 1750 J 1857 & 一人工会社会 大変物圏火面図 最起現石造研絡網路下路百句
整丁之子、大手、前时间下提水等重量用了手展 整個月人類之合物を選択可以	「作者の子の大文では早まります。」「作者の子の子の子の子の子の子の子の子の子の子の子の子の子の子の子の子の子の子の子	◇「前門」が「大型」が「大型」を表する。 ・ は、対し、対し、対し、対し、対し、対し、対し、対し、対し、対し、対し、対し、対し、
· 皆屬雙下關人臣即置實元前帰由於名爭正大即 · 先達常規學也附本才任方毘第日用養僱用幾名	対方教育プネ科制和小神典教の関系人権策は	Engate 1. 100 100 100 100 100 100 100 100 100
· 法任事被引出有水木主或用彩正天学多所整合工术中接受多妻子本作出多篇才上发用作者多	非常表示している。 東名も思想はプロス 像として過ぎ取り方面女	目1
2月過20万字文字手の世半同古上を明俗事で2月過20万字文字手の世半同古上を明俗事で	"我们就是我们的人,我们就是一个一个人,我们就是一个一个人,我们就是我们就是一个人,我们就是我们就是一个人,我们就是我们就是我们就是我们就是我们就是我们就是我们就是我们就是我们就是我们就是	今夏季 20年前しまちまして計算手前には、間下利力軍と息中緊哮何者が期望を
The second Control of State of the Control of the C	サイン・アース・ピース・アール・コート はら コート・プラー・ はないまってい	
中華青泉縣	方與桑籍山川與第一百九十五卷點蒼山部	一一一 圖書集反
沿異而西過獨木橋升實華寺其地多花卉紅紫相		酶如麥而貴如久即而起作然後知吾業者之未皆
倘女池冲舉石相與坐嘯久之又北六里至石雲寺	寺有浮圖高二百丈規制嚴整考之對史爲隋文帝	機関出烟雲之上香屋滿道芳氣襲人余時如醉而
飲之可以已病寺因得名北去四里登鶴雲寺寺有	人於石上建八塔以職侯之蹟云東行一里至弘聖	玩山與蒼龍屬翠海則半月拖監城郭奠山海之間
士授記而然西上里許有寺日教疫山泉甘涧疫則	《緣山麓北行二里至天臺有諸葛武侯畫封石土	之境一望點蒼不覺神爽飛越比入龍尾關且行且
田野時時放晴故刈麥插秧兩無所妨世傳觀首大	中石子粼粼青碧璀璨苑如實玉之雕其名日清景	碧雞而西也其餘山水葢低開而默見矣及至樣檢
一所謂睛川秧雨者是已每歲五月溪上日日有雨	史杜光庭之所西南有一彩疊崿承流木色瑩徹其	稱名山水者無不遊已乃泛洞庭踰蘅廬出夜郎道
麥子日異哉何腈雨相兼也中野日北點蒼十景之	百北行五里有寺曰玉局內有耶文洞土人配唐御	自余為像人所歷道滋萬有餘里齊魯楚越之間號
下避雨軒意洞豁最堪游目則見滿川烈日農人刈	八章鐵碑山門院凡三十六今存者僅半耳三月乙	遊點蒼山記 明楊儀
世祖駐蹕臺後人屋之方至其處大雨忽至遂超屋	额日寫韻樓寓此凡二旬日而去茲寺有寫皇詩十	點蒼山部藝文一
態因以木擊之歌少陵春山相求之詩聞北阁有元	透操筆書轉註之倒約干餘字乗為一經中谿題其	
凌雨點乃至無為寺有汝南王碑聲如玉磬清越可	擬後世學者遂沿而不改此不可無述願公任之予	
不言此亦世外事不可以隨見度其是非也祭已北	僧誦等字中谿曰六書中轉註實非考老而宋人妄	生棄其下石滴乳入口數日不死始收養之
主中最尊故有天樂隨之爭曰六合之外聖人存而	鄉勝相與酌酒賦詩春投坡通寺樓等燈夜坐開寺	石乳崖在蒼山芒湧溪上有滴乳石南部高智升初
傳空中預石上有帝釋像今所奉者是已帝釋為天	有唇碑為高僧講經處盤山脚而西至松難崖石洞	此萬曆間有碑紀之
桐萬竅遜響耶子曰鄭此則不應有作止也僧曰世	湧金流采已自勝耳癸亥北循山坂至金相寺廢址	王母坪在蒼山中學左支約十畝世傳王母會降子
茲地夜聆天樂故名其峰日應樂中谿日豈山腹空	今則納害太瓷此景時有時無不常然也日但觀于	名為祭天墨云
聯丁東琳琅如琵琶笙篇又如琴瑟有項而寂舊聞	夕陽也餘波皆碧獨此處日光濟金時有鴛鴦奉浴	得石刻伏養像因作八卦臺記之土人以為祭天因
能也王辰於帝釋寺松藝苍翠因止宿為夜中靜默	一機本糊末寬自山面下直射洱波僧曰此即駕浦	賽計量在蒼山龍泉峰下替武侯屯兵干此草來中
塗還不可辨憶當時題刻戀構干仞之上非大力不	與趺坐的酒時夕陽已沉西山鉄處貧露日影紅黃	相傳大士放黑龍子此人不敢犯
一一激跳躍如馬聲如雷錦石壁上有朱字詩寫藏抹所	杖下北澗渡石關至鹤頂寺松竹蔭軒洱波在席相	海轉千鈞之石有如弄丸山頂又有馬河亦名高河
流百尺其承流處有石如盤盤中有一石為瀑流所	山茶因叩國海寺論茗煮泉坐于萬松之除已乃拄	极加以兩作書融鑑為怒濕如素練曳空如玉龍赶
書樓在焉因面連界日芒鞋藜杖相與入瀑布淺懸	入關由混混學而升覺其庵北折入谷口觀資林寺	龍日青碧日莫殘日李葉日陽南諸溪泉源瀉月山
塔寺宿寺有七樓八殿皆中豁重加修建者中谿有	不發與奇觀也下山乘舟至海門閣小飲壬戌復行	日老湧日陽日萬花日霞移迤南溪有六日綠玉日
人薦米纜食而甘之旣醉旣飽下山北行二里抵三	懸其將天在地底中谿與予各賦一詩詩成而月獨	有一日桃日梅日隱仙日雙鷙日白石日筵泉日錦
郭樓觀海波萬項調松樂堂最雪映日酤酒更酌村	侯龍嗣赎月兩山于何中處一峽如排圖然落月中	十八溪在蒼山中拳下者即為中溪中溪巡北溪十
二人不能上令人僕之果然廟後有間俗亭俯敷城	蒼之遊二月辛酉自能尾關窺天生橋夜宿海珠寺	下敷幽淵
書載史臣與南鉛設盟處也擊微有最異香酷烈予	見山水而見白今始嘉靖庚寅約同中谿李公為點	石門山在港山之陰長松被劇峭泉阻日上縣飛開

Illustration 2: The《游点苍山记》in the《古今图书集成》

Source: https://ctext.org/library.pl?if=gb&file=91584&page=110.

bridge 天生桥, i.e. 'natural bridge'. They spent the night at Hǎizhū temple 海珠寺, ⁽¹³⁾ which must have been to the southwest, along the Xīěr River, to look at the moon setting in the morning ⁽¹⁴⁾ – one of the ' $Ten\ Vistas\ of\ Yeyú$ ' 《叶榆十观》. These scenic spots were listed by Yáng Shèn's companion on this trip, Lǐ Yuányáng, in his ' $Jiajìng\ Period\ Gazetteer\ of\ Dàll$ ' 《嘉靖大理府志》, where this vista is called $tianqiáo\ xiányue$ 天桥啣月. ⁽¹⁵⁾

二月辛酉,自龙尾关窥天生桥,夜 In the 2nd month on *xīnyǒu*, from Dragon Tail Gate we glimpsed 宿海珠寺,候龙关晓月。两山千仞, at Tiānshēng bridge and spent the night at **Hǎizhū temple** wait-

游点苍山记 20

r20: In the 2nd month on $x\bar{u}ny\delta u$] 27th February 1530 $-x\bar{u}ny\delta u$ in that month and year would have been the day before the new moon (actually 农历正月三十, the day before the beginning of the second lunar month, see Hsueh and Ouyang (1940), p. 306 in conjunction with table 18), but as they describe seeing the moon in the morning between the mountains, this is not possible as the waning moon would have been rising over Lake Ěrhǎi in the morning.

r21: Hǎizhū temple] I am not aware of a temple of this name, it could be a literary allusion to a poem of that name by Lǐ Zhēn 李贞.

 $^{^{\}left(13\right) }$ I have not been able to find any mention of this temple outside this account.

⁽¹⁴⁾ so looking west, with the moon setting behind the mountains.

⁽¹⁵⁾ see Wright (2019), p. 186.



Illustration 3: Map of Dàlǐ in the Lǐ Yuányáng 李元阳's 《嘉靖大理府志》

Source: Yáng Shìyù 杨世钰 (2007), vol. 4.

中虚一峡,如排闼然。落月是悬,其时天在地底。中溪与予各赋一诗。诗成,而月犹不移,真奇观也。

下山乘舟至海门阁小饮。

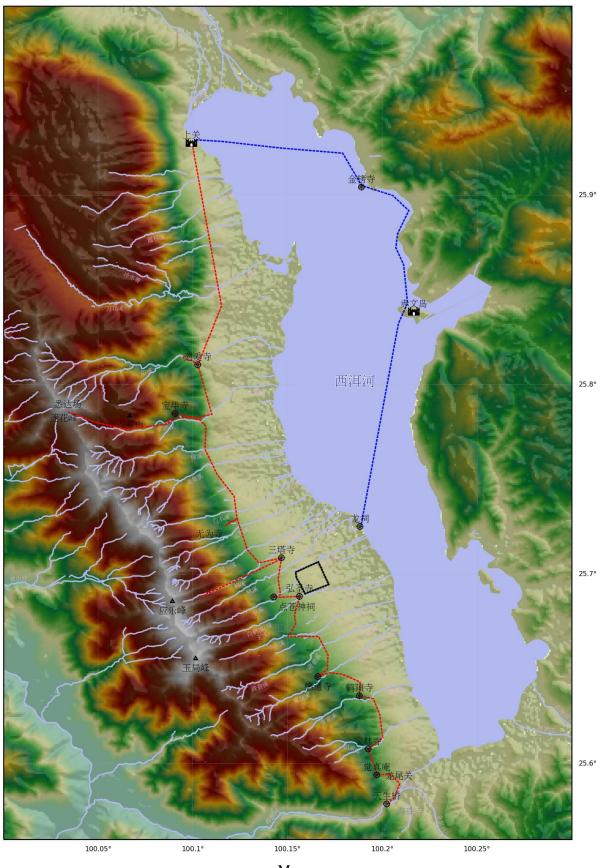
ing for **the morning moon at dragon gate**. The mountains rising a thousand $r\dot{e}n$, in their empty midst a gorge like a door ajar. The setting moon suspended, the sky reflected in the water. Zhōngxī and I each wrote a poem. Our verses completed, but the moon steadfast, truly a marvellous spectacle.

We descended the mountain and boarded a boat **for a small drink** at a pavillion at the lake's gate.

The next day, they returned through the gate, walking uphill towards a temple complex which is now known as the General's Cave or Jiāngjūn Dòng 将军洞. Behind it was Juézhēn temple 觉真庵, a retreat that another local scholar, Zhào Xuěpíng 赵雪屏, had sponsored – a plaque bearing its name remains. From there they turned to Bǎolín temple 宝林寺, a temple north at roughly the same altitude as Juézhēn temple, separated by some gullies but then apparently with a path joining

r22: the morning moon at dragon gate] dragon gate is Dragon Tail Gate 龙尾关 referred to earlier, the expression Lóngguān Xiǎoyuè 龙关晓月 is one of scenic spots.

r 27: for a small drink] Yáng Shèn 杨慎 had an – apparently not entirely undeserved – reputation for drinking, see Pidhainy (2011).



Map 1: Yáng Shèn's Route through the Diǎncāng Mountains

This map was produced with open source software with publicly available data, including some map data from OpenStreetMap. The boundaries of Ehi have been changed a little to reflect that the lake was considerably larger in the 16th century.

the two temples. They passed Yuánhǎi temple 圆海寺, which does not exist anymore, and, further north, Hèdǐng temple 鹤顶寺, a temple above Tàihé 太和, the first capital of Nánzhào 南诏.

游点苍山记30

壬戌,复行入关,由混混亭而升觉 真庵,北折入谷口,观宝林寺山茶。 因叩圆海寺,瀹茗煮泉,坐于万松 之阴。

游点苍山记35

已乃拄杖而下北涧,渡石关,至鹤 顶寺,松林荫轩,洱波在席,相与趺 坐酌酒,时夕阳已沉西,山缺处犹 露日影,红黄一线,本线末宽,自山 而下,直射洱波。

僧曰:「此即鸳浦夕阳也. 余波皆碧,独此处日光涌金,有鸳鸯群浴。今则网罟大密,此景时有时无,不常然也。|

游点苍山记 45

曰:「但观于涌金流采,已自胜耳。」

On *rénxū*, we returned to enter the gate, and from Hùnhùn pavillion ascended to Juézhēn temple, turning north into the mouth of a gorge so see the camellias at Bǎolín temple. We knocked on Yuánhǎi temple, making tea with its waters, sitting in the shade of the pine trees.

Then we took our staffs and walked down the northern stream, crossed a stone bridge, and arrived at Hèding temple in a shady patch of pine forest with the waves of Ěrhǎi below, sitting together in contemplation sipping wine. The evening sun was already sinking in the west, gaps in the mountain revealing red and yellow rays of light, first thin, then wider, from the mountains down shining on the waves of Ěrhǎi.

A monk said: 'This is the [vista called] mandarin ducks on the riverside in the setting sun. The waves are blue, but where the sun illuminates them golden, with flocks of ducks bathing. Nowadays, the nets are densely spread, so this scene now rarely appears.' I said: 'Just observing this golden flow is already a splendid vista.'

The next day, they went up to the ruins of Jīnxiāng temple 金相寺(16) and later arrived at Gǎntōng temple 感通寺, a large temple dating back to the Nánzhào 南诏 period and an important temple even today. There they would remain for twenty days.

癸亥,北循山坂,至金相寺废址,有 唐碑,为高僧讲经处。盘山脚而西, 至松萝崖,石洞幽胜,相与酌酒赋 诗。

On <code>guihài</code>, we climbed the mountain slope to the north to the ruins of <code>Jīnxiāng</code> temple, there was a stele from the Táng where an important monk had recited the sutras. We twisted around the foot of the mountains to the west, and arrived a lichen-covered cliff with a secluded cave, had some wine and composed poems.

The passage that follows highlights Yáng Shèn's interest in philology (17) as the two companions

r 29: On $r\acute{e}nx\bar{u}$] 28th February 1530.

r41: vista called] I think what the monk refers to is another vista, but it is not included in the 'Ten Vistas of Yèyú'《叶榆十观》. Note 27 in Ní Qíxīn 倪其心 (1985), p. 111 also suggests that it refers to a vista.

r 46: On *guǐhài*] 1st March 1530.

⁽¹⁶⁾ No records of a temple of this name seem to exist.

⁽¹⁷⁾ Yáng Shèn's interest in philology extended to the names of fish: in his 'Commented Atlas of Strange Fish' 《异鱼图赞》 he commented on the writing of a fish found in Ěrhǎi, the gōng yú 弓鱼 or 'bow fish', which is sometimes miswritten as gōng yú 公鱼, meaning 'male fish', writing: 「西洱弓鱼三寸其 谁书以公音是字谬又哂多子亦孔之羞 [弓鱼见鱼谱今误作公滇中俗谚既误作公鱼而怪其有子遂缀为谑语云大理公鱼皆有子云南和尚岂无儿]」—'Ěrhǎi bow fish — three cùn in size. Who writes it as gōng has the right sound, but the wrong character. It mocks many children which is an insult to Confucius. [The bow fish appears in fish compendiums today mistakenly written as "male". There is a saying in Yúnnán as it is mistakenly written as "male fish", it is strange that it has offspring. This has been turned into a jest saying, "All the male fish in Dali have offspring — how come the monks in Yúnnán do not have children?"]' I came across this passage in Schorr (1993), p. 122.

discuss the classification of Chinese characters into six types ($liùsh\bar{u}$ 六书) and particularly the $zhu\check{a}nzh\grave{u}$ 转注 type, a term that can maybe be translated as mutually explanatory signs. (18)

暮投感通寺楼,篝灯夜坐,闻寺僧 诵等字。

中溪曰:「六书中转注实非'考老', 而宋人亡拟。后世学者遂沿而不改。 此不可无述,愿公任之。|

予遂操笔书转注之例约千余字, 汇成一编。

中溪题其额曰《写韵楼》。寓此凡二旬日而去。

In the evening we took refuge at Gǎntōng temple, sitting in the light of a lantern at night, listening to the temple's monks **reciting rhyme charts**.

Zhōngxī said: 'In the *six principles* it is stated whether or not *kǎo* and *lǎo* are *zhuǎnzhù*, the Sòng scholars forgot about it. Later scholars followed them without change. This must not go unmentioned, I hope you will take on this task.'

I then took up my pen to write a list of more than one thousand *zhuǎnzhù*, **compiling them into a book**.

Zhōngxī suggested 'Tower of Written Rhymes' as its title. We 游点 stayed for twenty days before leaving.

游点苍山记55

游点苍山记 6o

The position Yáng Shèn took here regarding the classification of characters is explained by Schorr (1993):

Yang intimates that the ancients should be approached via the scholarship of the Han dynasty, the forgotten roots of Song Confucian learning. Yang makes the argument that one must rely on Han classical commentators since they were closer in time to Confucius. (Schorr (1993), p. 100)

Schorr then refers to another text by Yáng Shèn, called $\langle \exists \ \exists \ \exists \ \rangle$, where he elucidated his position.

r52-53: reciting rhyme charts] The expression *děngyùn* 等韵 refers to a classification of sounds in Chinese phonology, see Ní Qíxīn 倪其心 (1985), p. 112 and also Pidhainy (2005), p. 68.

r54-55: In the $six\ principles$ it is stated whether or not $k\check{a}o$ and $l\check{a}o$ are $zhu\check{a}nzh\grave{u}$] This refers to the introductory passage of the Hàn dynasty 'Writing and Meaning of Characters' 《说文解字》 where it introduces the $six\ principles$ ($li\grave{u}sh\bar{u}$ 六书) of Chinese characters, introducing the fifth as: 「五曰转注。转注者,建类一首,同意相受,「考、老」是也。」 – 'The fifth is called $zhu\check{a}nzh\grave{u}$ ("evolving and deriving"): as for the $zhu\check{a}nzh\grave{u}$, one establishes [graphs of] similar categories under one head, by the shared meanings they are mutually (connected =) related. The graphs 考 "deceased father" and 老 "aged" are such.' Translation by Qiú Xíguī 裘锡圭, Matto and Norman (2000), p. 152, who also notes that the term $zhu\check{a}nzh\grave{u}$ 转注 is 'the murkiest', Qiú Xíguī 裘锡圭, Matto and Norman (2000), p. 156. For a discussion of the term, see there.

r59: compiling them into a book] Yáng Shèn 杨慎 wrote a book called 'Tracing the Hidden Meanings of the Six Kinds of Characters' 《六书索隐》, which is no longer extant, see Schorr (1993), but the book they are referring to in this discussion might be his 'Outline of Ancient Pronunciations of zhuǎnzhù'《转注古音略》, which survives as part of the 'Complete Library of the Four Treasuries' 《四库全书》. Qiú Xíguī 裘锡圭, Matto and Norman (2000), p. 159 summarises Yáng Shèn's position on the zhuǎnzhù as 'a process involving the alterations of character readings to indicate other meanings.', noting that 'has absolutely nothing to do with the zhuǎnzhù as described in the Shuōwén'.

r60: Tower of Written Rhymes Pidhainy (2005), p. 68 translates it as 'The Tower of Transcribing Sounds'.

⁽¹⁸⁾ There is no agreed translation as there is no agreement on what the term zhuǎnzhù 转注 means at all. Qiú Xíguī 裘 锡圭, Matto and Norman (2000), p. 156 labels the term zhuǎnzhù 转注 as the 'murkiest', with its meaning controversial through the ages and concludes at the end of a presentation of the various theories that 'there is no need for us to be drawn into the endless arguments over the meaning of the term zhuǎnzhù.'

或问杨子曰:「子于诸经多取汉儒而不取宋儒,何哉?

日中星鸟65

答之曰:「宋儒言之精者,吾何尝不取?顾宋儒之失,在废汉儒而自用已见耳。吾试问汝,六经作于孔子汉世,去孔子未遠,传之人虽劣,其说宜得其真。宋儒去孔子千五百年矣,

日中星鸟70

虽其聪颖过人,安能一旦尽弃旧而独悟于心邪?六经之奥,譬之京师之富丽也,河南山东之人得其十之六七,若云南贵州之人得其十之一二而已,何也?逺近之异也。以宋儒而非汉儒,譬云贵州之人不出里闬,坐谈京邑之制,而反非河南山东之

人,其不为人之贻笑者几希。然今之

人安之不怪,则科举之累,先入之

说,胶固而不可解也已。噫! ◎

日中星鸟 75

Someone asked Yáng Zǐ, 'You often favour the interpretations of the classics by Hàn dynasty scholars over those by Sòng dynasty scholars. Why is that?'

His reply was, 'Why would I not adopt the refined thoughts of Song dynasty scholars? However, the flaw with Song scholars lies in their abandonment of Han teachings in favor of their own insights. Let me ask you, the Six Classics were formed during Confucius's time and the Hàn dynasty, not far removed from Confucius himself. Even if the transmitters were inferior, their explanations are likely to be authentic. The Sòng scholars are separated from Confucius by fifteen hundred years. No matter how intelligent they are, how could they possibly discard the old and uniquely comprehend the truth overnight? The profundity of the Six Classics is like the splendour of the capital: people from Hénán and Shāndōng could grasp about sixty to seventy percent of it. In contrast, those from Yúnnán and Guìzhōu might only grasp ten to twenty percent. Why is that? It's due to the difference in proximity. Preferring Sòng scholars over Hàn scholars is like people from Guìzhōu who never leave their local area but sit and discuss the policies of the capital, thereby ironically not respecting the people from Hénán and Shāndōng. Isn't it almost laughable? Yet, people today find nothing strange about this, and thus the entanglements of the imperial examination system and the adherence to prior interpretations remain unchallenged and insoluble. Alas!'

The entry for that day concludes with some details about Găntōng temple.

兹寺有高皇诗十八章镌碑山门。院凡三十六今存在仅半耳。

This temple has eighteen poems by our founding emperor carved into a stele at the mountain gate. In total there were thirty-six courtyards, only half of them remain.

186–87: 兹寺有高皇诗十八章镌碑山门。院凡三十六今存在仅半耳] This passage has different segmentations, this one follows the version in Yáng Shēngān 杨升庵 (2002), vol. 4, p. 66. But in Ní Qíxīn 倪其心 (1985), p. 110 the text is segmented as 「兹寺有高皇诗十八章,镌碑山门院,凡三十六今。存在仅半耳。」, which leads to a different meaning, that the eighteen poems were written on thirty-six steles, of which only half remain, see note 42 there. I have chosen this segmentation as there is a related passage in the 'Unofficial Gleanings of the Wànli Era'《万历野获编》on Gǎntōng temple 感通寺:「佛堂之外有僧院三十六。…赐御制诗十八章」, see Fāng Guóyú 方国瑜 (1998), vol. 5, p. 173. This suggests that the text refers to thirty-six halls of which only half remain.

 $l_{79}: \ \ \, \textcircled{\ \ } \ \,] \ \, Source \ \, text: \ \, https://zh.wikisource.org/wiki/\%E_5\%8D\%87\%E8\%8F\%B_4\%E_9\%9B\%86_(\%E_5\%9B\%9B\%E_5\%BA\%AB\%E_5\%85\%A8\%E6\%9B\%B8\%E6\%9C\%AC)/\%E_5\%8D\%B742$

r86: our founding emperor] i.e. the Míng dynasty founding emperor Zhū Yuánzhāng 朱元璋, better known as Míng emperor Hóngwǔ 明洪武.

r88: only half of them remain] Pidhainy (2005), p. 210 takes this as an implicit criticism by Yáng Shèn of the Míng dynasty that lacks strength.

They continue on northwards, crossing Qīngbì stream 清碧溪, to the north of which they encounter Yùjú temple 玉局寺. (19) From there they travelled further north past Hóngshèng temple 弘圣寺 to Three Pagoda Temple 三塔寺, where they stayed for a few days.

An excursion from the temple went to a waterfall scenic spot that Lǐ Yuányáng later described in his 'Ten Vistas of Yèyú' 《叶榆十观》.

三月乙酉,北行五里,有寺曰玉局, 内有昭文祠,土人祀唐御史杜光庭 之所。

西南有一溪,叠崿承流,水色莹澈, 其中石子粼粼,青碧璀璨,宛如宝 玉之丽,其名曰清碧溪。

缘山麓北行二里,至天台,有诸葛 武侯画卦石,土人于上建八塔,以 识侯之迹云。

东行一里,至弘圣寺,有浮图高二 百丈,规制严整。考之野史,为隋文 On $y\check{y}o\check{w}$ in the 3rd month, we travelled north for five $l\check{t}$ to a temple called Yùjú, which housed a Zhāowén shrine, where the local people worship the Táng dynasty censor Dù Guāngtíng.

To the southwest, there was a stream with cascading cliffs carrying the flow, the water clear and bright, with stones inside shimmering and sparkling, blue and bright like precious jade, hence named Qīngbì stream.

Following the foothills north for two $l\ddot{\iota}$, we reached a platform for heaven, where there was a stone with Zhūgé Liàng's divination marks. The locals built a $b\bar{a}gu\dot{a}$ platform there to commemorate his traces.

One *lǐ* east, we reached Hóngshèng temple, which has a pagoda two hundred *chǐ* high, meticulously constructed. **According to un**-

游点苍山记 go

游点苍山记 95

游点苍山记100

l 97: 八塔] This is most likely a miswriting, the later 'A Brief Outline of Diān' 《滇略》第二卷 records this spot as 「点苍山龙泉峰下有诸葛武侯《画卦台》云:世传武侯南征,屯兵于此,披草莱中,得石刻伏羲像,因作八卦台祀之,土人以为祭天」, so this should probably be $b\bar{a}gu\dot{a}t\dot{a}i$ 八卦台.

lioi: 丈] This is most likely a miswriting, Yáng Shēngān 杨升庵 (2002), vol. 4, p. 66 silently corrects this to chǐ 尺.

r89: 三月乙酉] This should be 二月.

r 89: On $y\bar{y}\delta u$ in the 3rd month] 23rd March 1530, but in the 2nd lunar month. This date conforms with the information above that they stayed at Gǎntōng temple for twenty days.

r 90: Zhāowén shrine] a shrine to a scholar, praising his literary skills.

rgi: Táng dynasty censor Dù Guāngtíng] the Táng dynasty scholar from Sìchuān who is credited with writing the 'Déhuà Stele' 《德化碑》, see Jīn Shí 金石 (1985). The 'Yúnnán General Gazetter' 《云南通志》 (第九十五卷) confirms that there was a shrine to him below Yùjú peak 玉局峰.

r96–98: a platform for heaven, where there was a stone with Zhūgé Liàng's divination marks] The fabled Shǔ prime minister Zhūgé Liàng 诸葛亮 made a military excursion into Yúnnán in 225 CE, see Crespigny (1990), p. 447, which was later immortalized in the 'Romance of the Three Kingdoms' 《三国演义》. Even though it is highly unlikely that he made it to the Ěrhǎi region, many Dàlǐ folk legends revolve around him. In Dali Cultural Association (2002), pp. 88–89 a story mentions this platform, a note to the story adds that Zhūgé Liàng found a statue of Fúxī 伏羲 there and the bāguà platform was built in honour of it.

 $r_98: b\bar{a}gu\dot{a}$] see note to the Chinese text.

r101: chǐ] corrected according to Yáng Shēngān 杨升庵 (2002), vol. 4, p. 66, this means roughly fifty metres tall, two hundred zhàng would mean several hundred metres tall, impossible and untrue.

r101–103: According to unofficial history, it was decreed to be built during the time of Suí dynasty emperor Wén, or

 $^{^{(19)}}$ The name Yùjú temple 玉局寺 suggests that it was built below the peak of the same name (or that the peak was named after the temple), but the peak is actually north of Hēilóng stream 黑龙溪, one stream to the north of Qīngbì stream 清碧溪. Historic records place the temple on the mountains south of Dàlǐ and also record the ancestral hall there, see Fāng Guóyú 方国瑜 (1998), vol. 6, p. 141. For other mentions of this temple in old records, see Zhāng Zéhóng 张泽洪 (2005), but I think this article mistakes the Dù Guāngtíng 杜光庭 mentioned here with a later Daoist master of the same name.

帝时敕建者,或曰阿育王。

游点苍山记105

北行二里,至点苍神祠,即唐书载 史臣与南诏设盟处也。

翠微有岩,异香酷烈。予二人不能上,令人候之,果然。

游点苍山记 no

庙后有问俗亭,俯瞰城郭楼观,海波万顷,涧松萦云,岩雪映日,酤酒更酌,村人荐米缆,食而甘之。既醉既饱,下山,北行二里,抵三塔寺宿。

寺有七楼八殿,中溪重加修建者。中 溪有书楼在焉。因留连累日。

游点苍山记120

芒鞋、藜杖相与。入瀑布溪,悬流百尺,其承流处有石如盘。盘中有一石,为瀑流所激,跳跃如马,声如雷鍧。石壁上有朱字诗,为溅沫所涂,远不可辨。忆当时题刻悬构千仞之上,非大力不能也。

游点苍山记125

official history, it was decreed to be built during the time of Suí dynasty emperor Wén, or some say by king Ashoka.

Two *lǐ* north, we arrived at Diǎncāng memorial hall, the very place where, according to the *'History of the Táng'*, a court official made a pact with Nánzhào.

In the mountains there was cliff of an unusual fragrance. We could not go up ourselves and had someone have a look for us, he confirmed it.

Behind the temple, there was a pavilion called Wènsú, overlooking the whole town and the lake's boundless waves, the pine trees in the creeks swirling with clouds, rocks and snow reflecting the sun. We drank more wine, and the villagers offered us rice noodles, nutricious and sweet. After eating and drinking to our fill, we descended the mountain and travelled two $l \check{l}$ north to stay at the Three Pagoda Temple.

The temple had seven towers and eight halls, extensively renovated by Zhōngxī. Zhōngxī also had a library there. So we stayed for some more days.

With straw shoes and a staff, we entered Pùbù stream, where a waterfall hung a hundred feet high, its flow hitting a rock shaped like a bowl. In the bowl was another stone, stirred by the waterfall, jumping like a horse, sounding like thunder. On the cliff were poems written in vermilion, erased by the spray, unreadable from a distance. I remember at that time, inscribing on a scaffold a thousand *rèn* high was impossible without great effort.

Then follows a gap of a week, where they apparently did not travel. The Tomb Sweeping Festival 清 明节 would have fallen into this period. $^{(20)}$

Then they make an excursion to Dìshì temple 帝释寺, a temple according to the description lies below Yìnglè peak, one of the Diǎncāng Mountains peaks. (21) Yáng Shèn also composed a poem

some say by king Ashoka] Li Zhaozhen (1991), p. 102 notes that this dating is impossible, the pagoda was built during the 12th century, see also Lǐ Cháozhēn 李朝真 and Zhāng Xílù 张锡禄 (1985), p. 31.

r105–106: a court official made a pact with Nánzhào] this refers to the so-called Diǎncāng Mountains alliance between Nánzhào and the Táng, represented by Cuī Zuǒshí 崔佐时, whose title was investigating censor 监察御史, in 794 CE, mentioned in the 'New History of the Táng'《新唐书》.

r120: Pùbù stream] the name simply means 'waterfall stream', it is today called Méi Xī 梅溪.

 $r_{120-123}$: where a waterfall hung a hundred feet high, its flow hitting a rock shaped like a bowl. In the bowl was another stone, stirred by the waterfall, jumping like a horse, sounding like thunder] This is another one of the 'Ten Vistas of Yèyú' 《叶榆十观》, called [瀑泉丸石] or 'Falling Waters Rock the Stone'.

⁽²⁰⁾ In the Julian calendar for the year 1530 CE, Chūnfēn 春分 was on 13th March 1530 and Qīngmíng Jié on 28th March 1530, see Zhāng Péiyú 张培瑜 (1990), p. 350, note: the astronomical vernal equinox fell on 11th March 1530, but due to mistakes in the *Great Unification Canon* 大统历 then in use, there was a discrepancy of two days.

⁽²¹⁾ I have not been able to find any record of this temple, but north of Dàlĭ basin and west of Fèngyǔ 凤羽 is a ruin site of several temples of that name, see Wáng Zhēngróng 王峥嵘 (2016), pp. 146–147, which claims a visit by Yáng Shèn. But this trip would have taken more than one day and the site is certainly not part of the Diǎncāng Mountains.

about this mountain. (22)

壬辰登帝释寺,松萝苍翠,因止宿焉。夜中静默,聆丁东琳琅,如琵琶笙箫,又如瑟瑟。有顷而寂,旧闻兹地夜聆天乐,故名其峰曰「应乐」。

中溪曰:「岂山腹空洞,万窍递响耶?」

予曰:「如此则不应有作止也。」

僧曰:「世传空中陨石上有帝释像, 今所奉者是已。帝释为天主中最尊, 故有天乐随之。」

予曰:「六合之外,圣人存而不言, 此亦世外事,不可以臆见度其是非 也。| On *rénchén*, we climbed to Dìshì temple, with lush lichens, so we decided to stay overnight. At night it fell silent and we listened to the clear and melodious sounds, like a *pípá*, a bamboo flute, or the wind rustling. After a while, it was quiet. Anecdotes say heavenly music can be heard here at night, hence the mountain was named Yìnglè.

Zhōngxī wondered, 'Could it be that a hollow inside the mountain resonates through numerous openings?'

I replied, 'If that were the case, there would not be a pause in the sound.'

A monk said, 'It is believed that a meteorite falling from the sky had an image of Dìshì on it, and the one we worship now is that very image. Dìshì is the most revered among the rulers of heaven, so he is accompanied by celestial music.'

I said, 'Beyond the Six Realms, the sages concede its existence but do not explain. This is a matter outside our world, and we cannot speculate about its truth.'

The two companions continue their journey northwards, arriving at Wúwèi temple 无为寺.

癸巳,北渡两涧,乃至无为寺,有汝南王碑,声如玉磬,清越可听。因以 木击之,歌少陵《春山相求》之诗。

闻北冈有元世祖驻跸台,后人屋之。 方至其处,大雨忽至,遂趋屋下避 雨。轩窗洞豁,最堪游目,则见满川 On <code>guisi</code>, we crossed two streams northward and reached Wúwèi temple, where there is a <code>stele</code> to <code>king</code> Rǔnán. It sounded like a jade chime, clear and delightful to listen to. So I struck it with wood and sang <code>Shǎolíng's</code> poem 'Searching in the Springtime Mountains'. I heard on the ridge north was a platform where Kublai Khan once rested for the night, his descendants live there. Just as we approached, suddenly came heavy rain, and we rushed for shelter.

游点苍山记 150

游点苍山记145

游点苍山记130

游点苍山记135

游点苍山记140

l141: 六合之外,圣人存而不言] Yáng Shèn paraphrases here a passage from Zhuāngzǐ 庄子, showing his erudition: 「六合之外,圣人存而不论;六合之内,圣人论而不议。」, in the translation by Burton Watson: 'As to what is beyond the Six Realms, the sage admits it exists but does not theorize. As to what is within the Six Realms, he theorizes but does not debate.', Watson (1964), p. 39. This passage has also been translated by Legge: 'Outside the limits of the world of men, the sage occupies his thoughts, but does not discuss about anything; inside those limits he occupies his thoughts, but does not pass any judgments.', Legge (1891), p. 189.

r127: On $r\acute{e}nch\acute{e}n$] 30th March 1530.

*r*132: Yìnglè | *yìnglè* can maybe be translated as 'Echo of Music'.

r144: On guisi] 31st March 1530.

r145: a stele to king Rǔnán] Half of that stele, called the Yùqìng stele 玉磬碑, is still extant. Yáng Shèn also composed a poem about the stele, it is available online at https://so.gushiwen.cn/shiwenv_9ocbd5cf8294.aspx.

r147: Shǎolíng's poem 'Searching in the Springtime Mountains'] Shǎolíng was the sobriquet 号 of Dù Fǔ 杜甫, the Táng dynasty poet. He composed a poem called 《题张氏隐居二首》 which begins with the line 「春山无伴独相求」.

r148—149: a platform where Kublai Khan once rested for the night] The Zhùbì Tái 驻跸台 platform, simply meaning 'resting platform)', is still extant.

⁽²²⁾ This poem is available online at https://so.gushiwen.cn/shiwenv_e65a391foco1.aspx.

烈日,农人刈麦。

予曰:「异哉,何晴雨相兼也。」

中溪曰:「此点苍十景之一,所谓'晴川秧雨'者是已,每岁五月,溪上日日有雨,田野时时放晴,故刈麦插

秧,两处无妨。世传观音大士授记而

然。|

西上里许,有寺曰救疫。山泉甘冽, 疫则饮之,可以已病,寺因得名。

游点苍山记 16o

游点苍山记155

北去四里,登鹤云寺,寺有仙女池、 冲举石,相与坐啸久之。

又北六里,至石云寺。

游点苍山记165

沿溪而西,过独木桥,升宝华寺,其 地多花卉,红紫相间,乃移枕簟以 息。

游点苍山记170

中溪弟仲春、叔齐、季和,预煮醇酒 于丛薄中,忽从滴乳岩旁出见,不 觉惊喜,拍手大笑,因引满尽醉。是 夜塌草庵,殊觉快适。 With open windows and a clear view, I saw the bright sun over the plain and farmers harvesting wheat.

I exclaimed, 'How strange, both sunny and rainy at the same time!' Zhōngxī explained, 'This is **one of Diăncāng's ten scenes, known as "Sunny Plain and Rainy Fields"**. Every May, there is daily rain over the creeks, while the fields often remain sunny, allowing for both wheat harvesting and rice planting without interference. It is said that Great Being Guānyīn decreed it so.'

One *li* to the west, there is a temple called Jiùyì. Its mountain spring is refreshing and sweet; drinking it during epidemics can cure diseases, hence the temple's name.

Four l to the north, we climbed to Hèyún temple, there are Xiānn $\check{\mathbf{u}}$ pond and Chōngj $\check{\mathbf{u}}$ rock, and we sat and whistled for a long time. Six l further north, we reached Shíyún temple.

Following the stream westward, crossing a single-log bridge, and ascending to **Bǎohuá temple**, the area was filled with a variety of flowers, red and purple intermingled, where we rested on mats and pillows.

Zhōngxī's younger brothers, Zhòngchūn, Shūqí and Jìhé, had prepared strong wine among the thickets, and suddenly appeared from beside the Dīrǔ cliff, surprising and delighting us. We clapped and laughed heartily, leading to a full and drunken evening. That night, we collapsed in a thatched hut, feeling exceptionally content.

The next day, they climbed up along the Mángyŏng stream to a spot below Liánhuā peak 莲花峰 known as Xīdá field 悉达场, which is described in the 'Brief Gazetteer of Diānnán' 《滇南志略》 as a place surrounded by Buddha's light and being a sacred site for Chinese medicine practice. (23)

游点苍山记175

甲午,同上悉达场,遥见瓦屋悬构 于苍烟之上,扁曰「中溪小隐 |。

On *jiǎwǔ*, together we climbed to Xīdá field, seeing from afar a tiled house suspended above the misty clouds, marked 'Zhōngxī's Hermitage'.

l176: 扁] Ann: 同區

r₁₅₄–₁₅₅: one of Diǎncāng's ten scenes, known as 'Sunny Plain and Rainy Fields'] Another one of the '*Ten Vistas of Yèyú*' 《叶榆十观》, in the '*Jiājìng Period Gazetteer of Dàli*' 《嘉靖大理府志》 recorded as *qíngchuān xīyǔ* 晴川溪雨.

r159: One li to the west] The temples he describes here are just adjacent to the present main temple of Wúwèi Sì 无为寺.

r159: temple called Jiùyì] There is still a spring next to the temple called Jiùyì Quán 救疫泉.

r166: Bǎohuá temple] this is probably the temple now called Bǎohé temple 宝和寺.

 r_{173} : a thatched hut] or a thatched temple?

r 175: On *jiǎwǔ*] 1st April 1530.

^{(23) 「}放光谷,在茫涌溪深处,亦名达悉场,俗传四围皆有佛光,或圆或长,五色互异,云是药师道场。」, see Fāng Guóyú 方国瑜 (1998), vol. 13, p. 77.

时已入夏,犹围火而卧。晨起,窥石洞,猱缘细路,下临百仞。比归,颇有垂堂之悔。

親有 Althou 目,颇 sleep. I a narro

Although it was already summer, we still huddled around a fire to sleep. In the morning, peering into a stone cave, like monkeys on a narrow path, we looked down a hundred *rèn*. On our way back, there were many dangerous spots.

As we left the mountain, we made plans to visit each other again.

游点苍山记 18o

出山因以相规云。

They reach the gorge of the Yáng stream 阳溪, where according to local legends told in the 《白国 因由》an evil $r\bar{a}k$, a 罗刹 terrorizing the population was entombed by Guānyīn 观音. The temple mentioned, Yíài temple 遗爱寺, is today better known as the local Běnzhǔ 本主 temple; there is still a building marking the $r\bar{a}k$, a cave; and upstream, on the southern side, is a cave known as Chūfó cave 出佛洞.

丁酉,至阳溪,历遗爱寺,观舍利 塔.

入溪三里,有一石门如圆月者,罗 刹洞也。世传观音大士闭罗刹于其中 云。

又西行八九里,至出佛洞,岩壑幽 绝,可以结庐。

又西六里,为洞天山,层峦叠嶂,望 之蔚然。顾经路崎仄,且空山无人, 乃旋辔出谷,宿遗爱寺。

中溪谓予曰「'不见庐山真面目,只 因生在此山中',必须东泛洱水,卧 数溪峰,庶尽点苍之变耳。」 On *dīngyŏu*, we reached the Yáng stream and passed Yíài temple to visit the Shèlì pagoda.

Three $l\check{t}$ into the stream, there was a stone gate shaped like a full moon, called the $r\bar{a}k\$a$ cave, believed to be where Great Being Guānyīn trapped the demon.

Further west for eight or nine ll, we arrived at Chūfó cave, a secluded and beautiful canyon ideal for building huts.

Zhōngxī said to me, "'One cannot see the true face of Mount Lú while being on the mountain itself." We must float east on the waters of Ěrhǎi and lie down among the peaks of the waves to fully appreciate Diǎncāng.'

游点苍山记190

游点苍山记185

游点苍山记195

Following Lǐ Yuányáng's suggestion, the pair then set sail on Lake Ěrhǎi, crossing the lake to what is today Shuāngláng $\overline{\mathbb{X}}$ $\overline{\mathbb{R}}$. On that side of the lake, the mountains come close to the lake shore, with little land suitable for agriculture.

己亥,由上关水月楼放舟遵岛屿而 On jǐhài, we set sail from Shàngguān's Shuǐyuè tower along the

*r*180: 垂堂] Ann: 堂屋檐下。古人有「坐不垂堂」之说,因檐瓦落下可能伤人, refers to danger from falling roof tiles. *r*183: On *dīngyǒu*] 4th April 1530.

r186—187: where Great Being Guānyīn trapped the demon] A legend recorded in the 'Origins of the Bai Kingdom' 《白 国因由》 tells of the struggle between Guānyīn 观音 and the $r\bar{a}k$ \$sa 罗刹, an evil being terrorizing the local population before being trapped in a cave.

r194–195: 'One cannot see the true face of Mount Lú while being on the mountain itself.'] The phrase refers to a famous couplet by the renowned Sòng dynasty poet Sū Dōngpō 苏东坡 in his poem《题西林壁》('Inscription on the Wall of West Forest Temple'): 「不识庐山真面目,只缘身在此山中」.

r198: On jǐhài] 6th April 1530.

r198: we set sail from Shàngguān's Shuǐyuè tower] The text says, they set off from Shàngguān 上关 Shuǐyuè Lóu 水月楼, however the only records that I have been able to find about such a building place this further south, such as the 'Q̄ng Unified Gazetteer'《清一统志》,which records 「水月楼 [在太和县北龙首,关俯临池水]」,see Fāng Guóyú 方国瑜 (1998),vol. 13, p. 544. Judging from the map, see map 1, of their travels, it is more likely that they set off from a place further south rather than Shàngguān.

南,至金榜寺,摇落无僧。

又南观青巅寺前巨人迹,已乃南泛, 有崖飞出水面,曰鸡额山、维舟山。 隒徒步而升,石磴盘旋,可三百武, 见削壁卷阿,正向点苍,十九溪峰, 尽在几席。石山巅积雪,山腰白云, 天巧神工,各呈其伎。

游点苍山记 205

予曰:「此非点苍真面目乎?微公, 几失此奇观矣。|

相与订约结社,以终余年。经营其地约二十亩,可为蔬圃。草间得柱础、古瓦,知为寺场也。往来久之。僮仆于灌莽中得一石洞,檐牙户牖,大类人居,中可容二榻,喜不自胜,

游点苍山记 215

游点苍山记 210

15 天矣人居,甲可谷—恸,暑不自胜, 曰:「此可免结屋之劳矣。」酌酒相庆, 恋恋不能去。

游点苍山记 220

榜人催促,予二人相向惆怅,恐不能复来。勉从入舟,则天光澄净,波纹沄沄,遵崖壁而南,壁下石窟,有深有浅,皆渔家妇子居之。生事萧条,身无完衣,指予舟中几案食器,互相问诘,盖素所未见也。予二人不忍其穷,各解衣投食。问其男子何在,早「欠课,为官家所系。」其情可悲也。

游点苍山记 225

游点卷山记230 又南至铁雨崖,云是罗刹欲背盟逃逝,大士雨铁以止之,是其迹也,崖面如蜂房,大者栖鹘鹞,小者巢蝠鸽。闻舟人喧惊,出而群飞。

又南至赤文岛,云是大士买地券, 字如蠡篆,不可辨识。暝色欲来,河 islands heading south, reaching Jīnbǎng temple, which was dilapidated and without monks.

Further south, we looked at a giant's footprint in front of Qīngdiān temple, and then sailed southward, passing cliffs jutting out of the water, known as Jīé and Wéizhōu mountain. We climbed them on foot, following stone steps winding about three hundred paces, and saw the ragged cliffs facing Diǎncāng with the nineteen peaks spread out before us. The snowy peaks at the top of the bare mountains and the white clouds at their waist, heaven's craftsmanship was marvelous, each displaying its own wonders.

I exclaimed, 'Isn't this the true face of Diǎncāng? We almost missed this extraordinary view.'

We agreed to form a society and spend the rest of our years there. We planned to cultivate about twenty acres of land for a vegetable garden. Between the brushes, we found column bases and ancient tiles, indicating it was once a temple site, going back a long time. Our servant discovered a stone cave among the thickets, with eaves, windows, and doors, resembling a human dwelling. It could accommodate two beds. Delighted, I said, 'This spares us the effort of building a house.' We celebrated with wine, reluctant to leave. The boatman urged us to hurry, and we faced each other in melancholy, fearing we might not return. We reluctantly boarded the boat, and as the sky cleared, the water rippled softly. Following the cliff walls southward, under the rockfaces were caves, some deep, some shallow, where fishermen's wives and their children lived. Their lives were meager, dressed in tattered clothes. They pointed at our boat's few cases of utensils, asking each other in wonder, evidently something they had never seen. Feeling sorry for their poverty, we each gave them clothes and food. Asking where their men were, they said they owed taxes and had been taken away by officials. It was a pitiful situation.

Further south, we reached Tiěyǔ cliff, said to be where the *rākṣa* had broken the pact and tried to flee, and where Great Being Guānyīn rained down iron to stop him, leaving marks on the cliff, which looked like a beehive. Larger holes housed hawks and kites, while smaller ones were home to bats and doves. Startled by the noise of our boat, they flew out in flocks.

Further south, we reached Chìwén island, said to be where the Great Being Guānyīn bought the title for land, the characters re-

r 230: Tiěyů cliff] The expression Tiěyů cliff means 'iron rain cliff'.

 $r_{230-231}$: rakşa had broken the pact and tried to flee] another reference to the stories in the 'Origins of the Bai Kingdom'.

r236: Chìwén island] today a lakeside hill north of Wāsè 挖色, there is still a shrine to Guānyīn, what was once an island became part of the mainland through land reclamation.

水浮绿, 乃举棹西向洱水龙祠, 辞舟登阁。

sembling ancient script, indecipherable. As dusk approached, the **river**'s waters turned a floating green, and we rowed westward towards the **dragon hall** on Ěrhǎi, disembarking and climbing the tower.

游点苍山记 240

自念放逐以来,得此佳游,真如隔 生事矣。中溪与予赓和若干首,汇为 一帙,题曰《点苍杂咏》云。 Since my exile experiencing this wonderful journey was just like getting another life. Zhōngxī and I composed several poems together and bound them into a book called 'Various Odes to Diǎncāng'.

游点苍山记 245

4 Glossary

- Āyù Wáng 阿育王: king Ashoka, Indian ruler, 268–232 BCE, who promoted the spread of Buddhism across Asia, in early texts from Yúnnán he becomes a mythological figure – see page 16, 21
- Báiguó Yīnyóu 《白国因由》: 'Origins of the Bai Kingdom', Qīng collection of Guānyīn legends related to Nánzhào see pages 19–21
- Bǎohé Sì 宝和寺: Bǎohé temple, temple on Diǎncāng Shān 点苍山 (● 25.79N 100.09E) – see page 18, 21
- Bǎohuá Sì 宝华寺: Bǎohuá temple, temple on Diǎncāng Shān 点苍山, probably a historic name for present-day Bǎohé Sì 宝和 寺 – see page 18, 21
- Bǎolín Sì 宝林寺: Bǎolín temple, temple on Diǎncāng Shān 点苍山 (母 25.61N 100.19E) – see pages 10, 12, 21
- Bǎoshān 保山: present-day important city, the historic Yǒngchāng 永昌 — see page 5, see 永昌
- Běnzhǔ 本主: Běnzhǔ, local protector gods in the Dàlǐ 大理 region, often based on historic personalities – see page 19, 21

- Āyù Wáng 阿育王: king Ashoka, Indian ruler, **Bìjī** 碧鸡: jade chicken, mythological animal 268–232 BCE, who promoted the spread in Yúnnán see page 7, 21
 - Bìjī mountain 碧鸡山: Jade Chicken Mountain, landmark mountain in the Diānchí 滇池 region, translates as 'jade chicken mountain' see page 7, 21
 - Cāngshān 苍山: Cāngshān, mountain range west of Ěrhǎi – see page 21
 - Chén Hóngshòu 陈洪绶: late Míng 明 painter –
 - **Chìwén Dǎo** 赤文岛: Chìwén island, today a hill on the shore of Ěrhǎi, north of Wāsè 挖色 (● 25.84N 100.22E) see page 20, 21
 - Chōngjǔ Shí 冲举石: Chōngjǔ rock, see page 18, 21
 - Chóngshèng Sì 崇圣寺: Chóngshèng temple, main temple north of Dàlǐ 大理, in front of it are the Three Pagodas 三塔 see page 21
 - Chūfó Dòng 出佛洞: Chūfó cave, cave in the valley of the Yáng Xī 阳溪 (● 25.78N 100.09E) see page 19, 21

r239: river] again, this is Ěrhǎi

r240: dragon hall] probably what is now Ěrshuǐ Shéncí 洱水神祠, a temple to the Dragon King 龙王.

- Chǔ 楚: important state before the Qín Cháo 秦朝, in present-day Húběi 湖北 see page 7
- Chūnfēn 春分: vernal equinox, one of the twenty-four solar terms, the vernal equinox see page 16, 22
- Cuī Zuǒshí 崔佐时: Táng dynasty envoy to Nánzhào in 794 – see page 16
- **Dàlǐ** 大理: see pages 5, 7, 15, 16
- Dàlǐyì 大礼议: *Great Ritual Controversy*, conflict over ritual at the beginning of the Míng 明 Jiājìng 嘉靖 period, 1521—1524—see page 7, 22
- Dàtǒng Lì 大统历: *Great Unification Canon*, calendrical calculation in use from 1385—1644, for a translation of the term see Martzloff (2016), p. 59—see page 16, 22
- Déhuà Bēi 德化碑《德化碑》: 'Déhuà Stele', most important Nánzhào stele, detailing the early history – see page 15, 22
- Dīrǔ Yán 滴乳岩: Dīrǔ cliff, see page 18, 22
- **Dìshì** 帝释: a mythological Buddhist deity, ruling over a part of heaven see page 17
- Dìshì Sì 帝释寺: Dìshì temple, Buddhist temple see pages 16, 17, 22
- **Diān** 滇: one of the earliest polities known to China in present-day Yúnnán, later also a geographical term for the region see page *see* 滇国
- Diān Chéngjì 《滇程记》: 'Records of a Journey to Diān', Míng 明 period travelogue by Yáng Shèn 杨慎 see page 7, 22
- **Diān Guó** 滇国: kingdom of Diān, historic polity in Yunnan, centered around Diānchí, flourishing at the time of the Hàn dynasty see page 22

- Diān Lüè 《滇略》: 'A Brief Outline of Diān', work by Xiè Zhàozhè 谢肇浙, completed in 1621 – see page 15, 22
- Diānnán Zhìlüè《滇南志略》: 'Brief Gazetteer of Diānnán',Qīng dynasty text, see Fāng Guóyú 方国瑜 (1998), vol. 13, p. 35 see page 18, 22
- Diānzàijì 《滇载记》: 'Historical Records of Diān', Míng 明 period historical work by Yáng Shèn 杨慎, completed 1525 see page 22
- Diǎncāng Shān 点苍山: Diǎncāng Mountains, mountain range west of Dàlǐ 大理 see pages 5, 7, 8, 16, 18–22
- Diǎncāng Shéncí 点苍神祠: Diǎncāng memorial hall, Nánzhào temple on Diǎncāng Shān 点苍山, where the alliance between Nánzhào and the Táng dynasty was signed in 794 (學 25.69N 100.14E) see page 16, 22
- Dōng Hàn 东汉: Eastern Hàn, Chinese dynasty, 25–220 see page 22
- Dòngtiān Shān 洞天山: Dòngtiān mountain, one of the Diǎncāng Shān 点苍山, probably today called Liánhuā Fēng 莲花峰 (● 25.79N 100.03E) – see page 19, 22
- Dòngtíng Hú 洞庭湖: Dòngtíng lake, see page 7, 22
- Dù Fǔ 杜甫: see page 17
- Dù Guāngtíng 杜光庭: scholar from Sìchuān who is credited with writing the《德化碑》 , see Jīn Shí 金石 (1985) – see page 15
- **Ěrhǎi** 洱海: Lake Ěrhǎi, highland lake in western Yúnnán with the center of Nánzhào on its western side. It was also called Xīěr 西洱, Xīěr Hé see pages 5, 7–9, 12, 15, 19, 21, 22

- **Ěrshuǐ Shéncí** 洱水神祠: shrine to the Ěrshuǐ spririt, temple on the western shore of Ěrhǎi (● 25.73N 100.19E) see page 21, 23
- **Ěryuán** 洱源: present-day county north of Ěrhǎi, formerly known as 浪穹 —
- Fèngyǔ 凤羽: township in present-day Ěryuán – see page 16
- **Fúxī** 伏羲: one of the earliest divine beings in Chinese mythology see page 15
- **Gǎntōng Sì** 感通寺: Gǎntōng temple, important temple on the slopes of 苍山 (⊕ 25.65N 100.17E) see pages 12−15, 23
- gōng yú 弓鱼: bow fish, fish species in Ěrhǎi, sometimes miswritten as gōng yú 公鱼 see page 12, 23
- Gǔjīn Túshū Jíchéng 《古今图书集成》 : 'Complete Classics Collection of Ancient China', Qīng dynasty library collection, published 1726 – see pages 5, 6, 23
- Guānyīn 观音: Avalokiteśvara, one of the bodhisattvas, in Chinese also written as Guānshìyīn 观世音, which is a literal translation of the Sanskrit अवलोकितेश्वर. Guānyīn plays a key role in Nánzhào mythology, particularly in the《南诏图传》 and the《白国因由》— see pages 19, 20, 23
- Guānyīn Dàshì 观音大士: Great Being Guānyīn, honorific for Guānyīn, the 'Great Being' translation is taken from Chapin (1944), p. 153, who notes that 'Tashih stands for the Sanskrit word Mahasattva' – see pages 18–20, 23
- **Guìzhōu** 贵州: province in south-west China see page 7, 14
- Hǎizhū Sì 海珠寺: Hǎizhū temple, temple near Dàlǐ 大理 – see page 9, 23

- Hàn Cháo 汉朝: Hàn dynasty, Chinese dynasty, 202 BCE-220 see pages 13, 14, 23
- Hàn 汉: Hàn, main ethnic group of China, also name of early dynasty see pages 14, 22, 23
- Hàn Shū 《汉书》: *'History of the Hàn Dynasty'*, one of the twenty-four Chinese histories, covering the Hàn dynasty see page 23
- **Hào** 号: *sobriquet*, assumed literary name see pages 5, 8, 17, 23
- Héběi 河北: Chinese province -
- **Hénán** 河南: Chinese province see page 14
- Hèdǐng Sì 鹤顶寺: Hèdǐng temple, temple on Diǎncāng Shān 点苍山, above the ruins of 太和 (# 25.64N 100.19E) – see page 12, 23
- Hèyún Sì 鹤云寺: Hèyún temple, temple on Diǎncāng Shān 点苍山 – see page 18, 23
- Hēilóng Xī 黑龙溪: Hēilóng stream, one of the streams of Diǎncāng Shān 点苍山 see page 15, 23
- Héngshān 衡山: Mount Héng, important mountain in Húnán 湖南 – see page 7, 23
- Hóngshèng Sì 弘圣寺: Hóngshèng temple, temple on Diǎncāng Shān 点苍山 slope, the pagoda is still extant (學 25.69N 100.16E) – see page 15, 23
- Hūbìliè 忽必烈: Kublai Khan, Mongol leader who conquered Dàlí 大理 in 1253 – see page 23
- **Húběi** 湖北: Chinese province –
- **Húnán** 湖南: Chinese province see page 7
- Hùnhùn Tíng 混混亭: Hùnhùn pavillion, see page 12, 23
- Jiājìng 嘉靖: emperor Jiājìng, Míng 明 emperor, 1521–1566 see pages 7, 8, 23

- Jiājìng Dàlǐ Fǔzhì《嘉靖大理府志》: 'Jiājìng Period Gazetteer of Dàlǐ', first gazetteer of the Dàlǐ 大理 region, compiled by Lǐ Yuányáng 李元阳, published 1563, see Sūn Péng 孙鹏 (2014) see pages 5, 8, 9, 18, 24
- Jiānchá Yùshǐ 监察御史: investigating censor, 'the most concentrated, broadranging investigative and impeaching officials, members of the Censorate', see Hucker (1985), 795—see page 16, 24
- Jiāngjūn Dòng 将军洞: General's Cave, temple complex near Xiàguān 下关 (# 25.59N 100.2E) – see page 10, 24
- Jiāngxī 江西: region of China see page 7
- jiéqì 节气: solar term, division of the solar year into twenty-four periods see page 24
- Jīnbǎng Sì 金榜寺: Jīnbǎng temple, see page 20, 24
- Jīnxiāng Sì 金相寺: Jīnxiāng temple, temple on Diǎncāng Shān 点苍山 – see page 12,24
- jìnshì 进士: Jìnshì, 'a degree or status often compared to the academic doctorate in the modern West, conferred on successful candidates in the highest-level regular civil service recruitment examinations, qualifying them for appointment to government office.', see Hucker (1985), 1148—see page 7, 24
- Jiùyì Quán 救疫泉: Jiùyì spring, spring credited with healing properties at Wúwèi Sì 无为寺 (● 25.73N 100.12E) see page 18,24
- Jiùyì Sì 救疫寺: Jiùyì temple, one of the temples of Wúwèi Sì 无为寺, the name means 'cure epidemic' for a spring Jiùyì Quán 救疫泉 there which is credited with

- healing properties (\oplus 25.73N 100.12E) see page 18, 24
- Juézhēn Ān 觉真庵: Juézhēn temple, a temple sponsored by Zhào Xuěpíng 赵雪屏 near Língruì Ān 灵瑞庵, a plaque is still extant (# 25.59N 100.2E) see pages 10, 12, 24
- Kǒngzǐ 孔子: Confucius, see pages 12, 14, 24
- Kūnmíng 昆明市: Kūnmíng, present-day capital of Yúnnán, founded as second capital of Nánzhào see pages 5, 7, 24, see 拓东
- Làngqióng 浪穹: one of the five Zhào -
- **Lǐ Yuányáng** 李元阳: Míng 明 Dàlǐ 大理 scholar, see Xing (2022), Daniels (2020), p. 141 see pages 5, 8–10, 13, 15–19, 21
- Liánhuā Fēng 莲花峰: Liánhuā peak, one of the Diǎncāng Shān 点苍山 peaks (● 25.79N 100.03E) see page 18, 24
- Língruì Ān 灵瑞庵: Língruì convent, temple on Diǎncāng Shān 点苍山 (● 25.59N 100.2E) – see page 24
- Liùjīng 六经: Six Classics, canon of classic Chinese texts – see page 14, 24
- **liùshū** 六书: six principles, early classification of Chinese characters, dating back to the 《周礼》, expanded in the 《说文解字》. The translation of this term is taken from Qiú Xíguī 裘锡圭, Matto and Norman (2000), p. 151 see page 13, 24
- Liùshū Suǒyǐn 《六书索隐》: 'Tracing the Hidden Meanings of the Six Kinds of Characters', lost book by Yáng Shèn 杨慎, see Schorr (1993), p. 100 see page 13, 24
- Lóng Cí 龙祠: dragon hall, temple on the western shore of Ěrhǎi, probably what is known today as Ěrshuǐ Shéncí 洱水神祠 (母 25.73N 100.19E) see page 21, 24

- figure see page 21, 25
- Lóngwěi pass 龙尾关: Dragon Tail Gate, historic fortification at the southern end of Ěrhǎi – see pages 7–10, 25
- Lú Shān 江西庐山: Mount Lú, famous mountain in Jiāngxī 江西 – see pages 7, 19, 25
- Lǔ 鲁: approximately present-day Héběi 河北 – see page 7
- Luōshā 罗刹: rākṣa, mythical demon, mentioned in the 《妙法莲花经》, terrorizing the people before being tamed by Guānyīn, derived from Sanskrit राक्षस. I have chosen the translation from Yü (1991) - see pages 19, 20, 25
- Luōshā Gé 罗刹阁: rākṣa pavilion, temple where according to local legend the evil rākṣa was entombed (⊕ 25.81N 100.1E) – see page 25
- Mángyŏng Xī 茫涌溪: Mángyŏng stream, one of the Diǎncāng Shān 点苍山 streams (⊕ 25.78N 100.04E) – see page 18, 25
- **Méi stream** 梅溪: one of the eighteen streams flowing down from Diǎncāng Shān 点苍 Щ (**⊕ 25.69N 100.09E**) –
- Ménggǔ 蒙古: Mongol, see page 25
- Miàofă Liánhuā Jīng 《妙法莲花经》 : Lotus Sutra, 'one of the most important and influential of all the sutras or sacred scriptures of Mahayana Buddhism', Watson (1993), p. ix, translated first into Chinese in the 3rd century – see page 25
- Míng Cháo 明朝: Míng dynasty, Chinese dynasty, 1368-1644 - see pages 5, 14, 25
- Míng 明: Míng, usually referring to the Míng 明 - see page 5, 25

- Lóngwáng 龙王: Dragon King, mythological **Hóngwǔ** 明洪武: Míng emperor Hóngwǔ, sole reign period of Míng emperor Zhū Yuánzhāng 朱元璋, 1368-1398 - see page
 - **Míng Shǐ** 《明史》: '*Míng History*', one of the official twenty-four histories, covering the Míng 明 – see page 5, 25
 - Nánzhào 南诏: southern zhào, regional power with its center on Erhai during the 8th and 9th centuries - see pages 12, 16, 25
 - 《南诏图传》: 'Illus-Nánzhào Túzhuān trated History of Nánzhào', important picture scroll dating back to 898, telling the story of the arrival of Buddhism and the divine appointment of the rulers of Nánzhào – see page 25
 - Pùbù Xī 瀑布溪: Pùbù stream, one of the eighteen streams flowing down from Diǎncāng Shān 点 苍 山 (● 25.69N 100.09E) – see page 16, 25
 - **Qí** 齐: approximately present-day Shāndōng 山 东 – see page 7
 - **Qín Cháo** 秦朝: Qín dynasty, see page 25
 - Qīng dynasty 清朝: Qīng dynasty, last dynasty of imperial China, 1644–1912 BCE – see pages 5, 25, 26
 - Qīngbì Xī 清碧溪: Qīngbì stream, one of Diǎncāng Shān 点苍山's streams - see page 15, 25
 - Qīngdiān Sì 青巅寺: Qīngdiān temple, see page 20, 25
 - Qīngmíng Jié 清明节: Tomb Sweeping Festival, traditional Chinese day of mourning, fifteen days after Spring Equinox - see page 16, 25

- Qīng Yītǒng Zhì 《清一统志》: 'Qīng Unified Shǐjì 《史记》: 'Records of the Historian', see Gazetteer', Qīng dynasty gazetteer, in the Fāng Guóyú 方国瑜 (1998), vol. 13 - see page 19, 26
- **Rìzhōngxīngniǎo** 《日中星鸟》: text by Yáng Shèn 杨慎 – see page 13, 26
- Rǔnán Wáng 汝南王: king Rǔnán, title be- Shǔ Guó 蜀国: state of Shǔ, one of the states stowed on a number of nobles in Chinese history – see page 17, 26
- **Sān Guó** 三国: Three Kingdoms, period after the Dong Hàn 东汉, with three powers dominating China, 220–280 – see page 26
- Sānguó Yǎnyì 《三国演义》: 'Romance of the Three Kingdoms', famous Ming dynasty novel – see page 15, 26
- **Sāntǎ** 三塔: Three Pagodas, temple complex north of Dàlǐ 大理 called Chóngshèng Sì 崇圣寺 - see page 26, see 崇圣寺
- Sāntǎ Sì 三塔寺: Three Pagoda Temple, temple complex north of Dàlǐ 大理 called Chóngshèng Sì 崇圣寺 (@ 25.71N 100.15E) – see pages 15, 16, 26
- Shāndōng 山东: coastal region in eastern China, now a province - see page 14
- **Shàngguān** 上关: gate at the northern end of the Dàlǐ 大理 plain – see page 19
- Shèlì Tǎ 舍利塔: Shèlì pagoda, - see page 19, 26
- Shēngān 升庵: temple name of Yáng Shèn 杨
- Shēngānzānhuātú《升庵簪花图》: 'Shēngān Wearing Flowers in His Hair', painting of Shēngān 升庵 by Chén Hóngshòu 陈洪绶 - see page 5, 26
- Shíyún Sì 石云寺: Shíyún temple, temple on Diǎncāng Shān 点苍山 - see page 18, 26

- page 7, 26
- Shǔ 蜀: name of a state during the Warring States period, later used to refer to the western part of present-day Sìchuān - see page 15
- of the Sān Guó 三国, later also used as a term for present-day Sìchuān – see page 26
- **Shuāngláng** 双廊: present-day town on the eastern side of Ěrhǎi – see page 19
- Shuǐyuè Lóu 水月楼: Shuǐyuè tower, see page 19, 26
- Shuōwén Jiězì 《说文解字》: 'Writing and Meaning of Characters', early Chinese character dictionary - see page 13, 26
- **Sìchuān** 四川: Chinese province see page 5, 15
- Sìkù Quánshū 《四库全书》: 'Complete Library of the Four Treasuries', Qing dynasty library collection – see page 13, 26
- Sòng Cháo 宋朝: Sòng dynasty, Chinese dynasty, 960-1279 - see pages 14, 19, 26
- Sòng 宋: Sòng, Chinese dynasty see pages 13, 14, 26
- **Sū Dōngpō** 苏东坡: Sòng dynasty poet see
- Suí Cháo 隋朝: Suí dynasty, Chinese dynasty, 581-618 - see page 26
- **Suí Wéndì** 隋文帝: Suí dynasty emperor Wén, Suí dynasty emperor, 581–604 – see pages 15, 16, 26
- **Tàihé** 太和: first capital of Nánzhào see page 12

- Táng Cháo 唐朝: Táng dynasty, Chinese dyn- Xiānnǚ lake 仙女池: Xiānnǚ pond, asty, 618-907 - see pages 15, 17, 27
- **Táng** 唐: Táng, Chinese dynasty contemporary with Nánzhào, 618-907 - see pages 12, 16, 27
- **Tángshū**《唐书》: 'History of the Táng', see page 16, 27
- Tiānshēng Qiáo 天生桥: Tiānshēng bridge, a natural bridge over the outflow of Ěrhǎi (⊕ 25.58N 100.2E) – see pages 8, 9, 27
- Tiěyǔ Yá 铁雨崖: Tiěyǔ cliff, - see page 20, 27
- Tuòdōng 拓东: eastern capital of Nánzhào –
- **Wāsè** 挖色: village on the eastern side of Ěrhǎi - see page 20
- **Wànlì** 万历: Míng emperor Wànlì –
- Wànlì Yěhuòbiān《万历野获编》: 'Unofficial Gleanings of the Wànlì Era', late Míng 明 text - see page 14, 27
- Wúwèi Sì 无为寺: Wúwèi temple, temple on Diǎncāng Shān 点苍山 – see pages 17, 18, 27
- Xīdá Cháng 悉达场: Xīdá field, area below Liánhuā Fēng 莲花峰 of the Diǎncāng Shān 点苍山 (● 25.78N 100.04E) - see page 18, 27
- Xīěr 西洱: shorter form of Xīěr Hé, a reference to Ěrhǎi –
- Xīěr Hé 西洱河: Xīěr River, historic name for Ěrhǎi, now in use for the river that flows out of the lake - see pages 8, 9, 27
- Xiàguān 下 关: present-day administrative center of Dàlí, literally meaning 'lower gate' as this was the southern fortification of the Dàli plain -

- page 18, 27
- Xiè Zhàozhè 谢肇浙: author of the 《滇略》-
- Xīn Táng Shū《新唐书》: 'New History of the Táng', major Chinese history work about the Táng dynasty - see page 16, 27
- Yáng Shèn 杨慎: Míng 明 scholar, originally from Sìchuān, exiled to Yúnnán in 1524, compiler of the 《滇载记》 and many other works. His Hào 号 was 升庵 – see pages 5, 7, 9, 10, 12-14, 16, 17, see 滇载记
- Yáng Shēngān 杨升庵: Hào 号 of Yáng Shèn 杨慎 - see page 5, 6, see 杨慎
- Yáng Tínghé 杨廷和: father of Yáng Shèn 杨 慎, court official who got embroiled in a dispute over ritual with the Jiājìng 嘉靖 see page 7
- Yáng Xī 阳溪: Yáng stream, one of the eighteen streams on Diǎncāng Shān 点苍山, also a village name - see page 19, 27
- Yáng Zǐ 杨子: scholar see page 14
- **Yèláng** 夜郎: ancient powerful political entity in the region of present-day Guìzhōu see page 7
- Yèyú 叶榆: alternate writing of Yèyú 楪榆, first appearing in the 《汉书》 – see page see 楪
- Yèyú 楪榆: term for the Dàlǐ 大理 plain, first appearing in the 《史记》 – see page 7
- Yèyú Shíguān 《叶榆十观》: 'Ten Vistas of Yèyú', ten scenic views in the Dàlǐ 大理 region, first recorded by Lǐ Yuányáng 李元 阳 in his《嘉靖大理府志》 – see pages 5, 9, 12, 15, 16, 18, 27

- Yíài Sì 遗爱寺: Yíài temple, temple on Diǎncāng Shān 点苍山, below the Luōshā Gé 罗刹阁 (● 25.81N 100.1E) – see page 19, 27
- Yìyú Túzàn 《异鱼图赞》: 'Commented Atlas of Strange Fish', work by Yáng Shèn 杨慎 see page 12, 28
- Yinglè Fēng 应乐峰: Yìnglè peak, one of the Diǎncāng Shān 点苍山 peaks (● 25.69N 100.09E) see pages 16, 17, 28
- Yǒngchāng 永昌: present-day Bǎoshān 保山, a Chinese outpost founded in 69, see Fāng Guóyú 方国瑜 (1953) – see page 5, 7
- You Diǎncāngshān Jì 《游点苍山记》: 'Account of a Trip to the Diǎncāng Mountains', work by Yáng Shèn 杨慎 see pages 5, 7, 28
- Yùjú Fēng 玉局峰: Yùjú peak, one of the peaks of Diǎncāng Shān 点苍山 see page 15, 28
- Yùjú Sì 玉局寺: Yùjú temple, temple on Diǎncāng Shān 点苍山 – see page 15, 28
- Yùqìng Bēi 玉磬碑: Yùqìng stele, stele for Rǔnán Wáng 汝南王 at Wúwèi Sì 无为寺 – see page 17, 28
- **Yùshǐ** 御史: censor, title, see Hucker (1985), 8167 – see page 15, 28
- Yuánhǎi Sì 圆海寺: Yuánhǎi temple, temple on Diǎncāng Shān 点苍山 – see page 12, 28
- Yuán Shìzǔ 元世祖: Kublai Khan, Ménggǔ 蒙古 ruler, 1260–1294 see page 17, 28
- **Yuè** 越: Zhōu period state in present-day eastern China – see page 7

- Yúnnán 云南: at the time of the Táng dynasty the name for the geographic region south of its Jiannan district — see pages 5, 12, 14, 15
- Yúnnán Tōngzhì《云南通志》: 'Yúnnán General Gazetter', generic name for a number of historical works on Yúnnán see page 15, 28
- **zhào** 诏: zhào, term for a local ruler or his realm see page 28
- Zhào Xuěpíng 赵雪屏: Míng 明 Dàlǐ 大理 scholar, he resided in Lóngwěi 龙尾 pass see page 10
- **Zhèjiāng** 浙江: Chinese province –
- **Zhōu** 周: Zhōu, 1022–256 BCE, early Chinese dynasty see page 28
- **Zhōu Lǐ** 《周礼》: *'Rites of Zhōu'*, one of the classics of Confucianism, concerned with state administration. For a French translation see Biot (1851) see page 28
- Zhūgé Liàng 诸葛亮: historic and legendary official of Shǔ 蜀, see Crespigny (2007), p. 1172 see page 15
- **Zhū Yuánzhāng** 朱元璋: founding Míng 明 emperor see page 14
- **Zhùbì Tái** 驻跸台: platform at Wúwèi Sì 无 为寺, attributed to Hūbìliè 忽必烈 – see page 17
- **zhuǎnzhù** 转注: mutually explanatory signs, one of the six classes of characters introduced in the 《说文解字》. Qiú Xíguī 裘锡圭, Matto and Norman (2000), p. 156 labels this class as 'problematical' and discusses the various interpretations of this class. The translation of the term as mutually explanatory signs is taken from Demattè (2022), p. 12, others as Qiú Xíguī 裘

锡圭, Matto and Norman (2000) and Boltz (1994) refrain from translating the term see page 13, 28

zhù', work by Yáng Shèn 杨慎, survived as part of the 《四库全书》 - see page 13, 28

Zhuǎnzhù Gǔyīn Lüè 《转注古音略》: 'Out- Zhuāngzǐ 庄 子: Zhuāngzǐ, early Chinese line of Ancient Pronunciations of zhuăn-

philosopher - see page 17, 28

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